



# REVIEW



October 13, 2023

## Message From Administration

Hello Rouge Park Families,

October is Get Outside month so we are encouraging our staff and students to enjoy learning in the natural environment as often as possible. As always, but especially during this month, we are also hoping that students will begin or continue walking to school. Walking/biking/scootering to school is excellent for both physical and mental health.

The month of October is also Islamic Heritage Month. This month provides us an opportunity to reflect, celebrate and learn about the rich heritage and history of Muslims in areas such as literature, the arts, math, science, and socially.

One of our school-wide goals that we continue to work on is building resilience in our students. We want them to gain strategies and skills that help them bounce back from setbacks, learn from mistakes and move forward with a positive mindset. In the office, we try to create a safe space where students are able to tell the truth, even when they mess up. It is important for them to know that mistakes are normal and that all we expect is that we learn from them and work to make things right. We have seen amazing examples of turning a mistake into kindness this week!

The fall weather is now here. Please be sure that your children come to school in layers and prepare for the change in weather that typically comes at this time of year.

As always, reach out if you need us for anything. We are here to help.

Have a wonderful weekend,

Lindsey Maclean  
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Lily Leung  
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### Upcoming Events:

Date	Day	What's Happening at School?
Oct. 16	3	<ul style="list-style-type: none"> <li>Don't forget to order pizza on School Cash online</li> </ul>

		<ul style="list-style-type: none"> <li>• Dribbling club @ 9:50 a.m.</li> <li>• Intermediate Girls' Volleyball @ 2:45</li> </ul>
Oct. 17	4	<ul style="list-style-type: none"> <li>• Intermediate Boys Volleyball @ 7:00</li> <li>• Kid's Kitchen for those who ordered</li> <li>• Girl's basketball club for grades 5-8 @ 12:20</li> <li>• Primary choir and primary recorder club @ 12:20</li> <li>• Intermediate Girls Volleyball 2:40-4:00</li> </ul>
Oct. 18	5	<ul style="list-style-type: none"> <li>• Snack shack at morning recess - \$2 per snack</li> <li>• Intermediate Boys Volleyball @ lunch</li> <li>• Junior/intermediate choir and intermediate band @ 12:20</li> <li>• Lunch Lady for those who ordered</li> <li>• Intermediate girls volleyball tournament @ RPPS</li> </ul>
Oct. 19	1	<ul style="list-style-type: none"> <li>• Pizza day for those who ordered</li> <li>• Intermediate Girls Volleyball @ lunch</li> <li>• Pop band/Strings club (alternate each week) @ 12:20</li> <li>• Intermediate boys volleyball @ 2:45</li> </ul>
Oct. 20	2	<ul style="list-style-type: none"> <li>• PA Day - no school</li> </ul>

Upcoming:

October 24 - Hold and Secure Drill

October 29 - Last day to order pizza for the Nov. 2-Dec. 21 session

November 1 - Grade 8's visit Bill Hogarth

November 6 - Fire Drill (Rain date November 7)

November 7 - School Council Meeting @ 6:30 pm

November 8 - Intermediate girls volleyball game vs. Reesor Park (@ Rouge Park)

November 13-16 - Book Fair

November 14 - Lockdown Drill

November 15 - Picture Retake Day

November 24 - Grade 7&8 Immunization

### **New Pizza Session Starting November 2 to Dec. 21, 2023**

Families can now sign up for the next 8 week pizza session which will run from Nov. 2 to Dec. 21.

**Orders are due on School Cash Online by October 29th.** Unfortunately, no late orders can be accepted. If your family needs financial assistance to access pizza day, please send me an email - [lindsey.maclean@yrdsb.ca](mailto:lindsey.maclean@yrdsb.ca) .

## Rouge Park Wins A Pennant For Cross Country!

Our Atom Boys (grade 5) brought home a first place pennant at the Area Cross Country meet. We are so proud of Matthew, Dylan, Carter, Evan, Bilal for their incredible team effort. This is the second pennant RPPS has won and we are looking forward to many more!



## Prayer Spaces

We have multiple spaces in the school available for students and staff who wish to pray during the day. Please let your child's teacher know if they need help finding and accessing a prayer room.

## Halloween

For students who wish to celebrate Halloween at school, please keep these reminders in mind:

- When planning costumes that no replica weapons of any kind are allowed.
- Costumes should be respectful of others. Symbols or objects representative of a person's culture or religious beliefs should not be worn as a costume.
- Those who wish to dress up come to school in their costume and wear their regular clothes underneath.
- No Halloween masks are to be worn
- Costumes should be of simple design (to limit personal items being brought to school), and treats cannot be shared.

## Worth Repeating:

### International Walk to School Month (IWALK)



International Walk to School Month (IWALK) is an annual celebration of active transportation that takes place around the world throughout the month of October.

When walking to school, here are some important safety tips to remember:

- Look all ways before you cross the street. Always STOP, LOOK and LISTEN before crossing.
- Cross at intersections and crosswalks, when possible.
- Always make eye contact with drivers before you cross the street.
- Obey traffic signals and signs.
- Use a sidewalk if there is one.

For anyone who can't walk or cycle to school every day, we encourage you to try choosing an active mode of travel two or three times a week, or consider parking and walking a block to decrease the pollution and improve safety around your school. If you choose to drive, please be mindful of students who walk and cycle, drive slowly and be highly vigilant of your surroundings.

## ***Benefits of Active School Travel:***

- Improves student academic performance by making students more alert and better prepared to learn.
- Improves both physical and mental health.
- Reduces traffic congestion and improves safety for everyone in school zones and around our school community.
- Improves air quality.
- Encourages social interaction and improves social skills.
- Promotes life-long habits that foster independence and active lifestyles, preparing children for their future.
- It's fun!

## **PA Day Information:**

The focus of the October 20 2023 Professional Activity Day is Student Mental Health and Well Being and Curriculum Implementation.

Sharing Professional Activity Day Plans As per PPM 151, Administrators are now required to electronically share their PA Day plans with parents/guardians and School Council Chair(s) and post a copy in a conspicuous place in the main office 14 days prior to the PA day e.g., by October 6, 2023. PA Day plans are also posted on the Board's public website. For your convenience, a copy of the PA Day plan overview is shared below for your use when communicating with your community.

Length: Full Day

Topic: Curriculum Implementation

Description: Staff will engage in learning and dialogue on:

- "Miss, Dismiss, Avoid: Psychological Barriers to Disrupting Racism, Racial Trauma and How to Counteract It".
- Kindergarten Literacy
- Revised Grade 1 to 3 Social Studies Curriculum
- Grades 4, 5, 7 and 8 - STEM and Skilled Trades
- Revised Grade 6 Social Studies Curriculum

## **School Council**

Our next meeting will be **Tuesday, November 7th** beginning at 6:30 pm. All are welcome to attend and babysitting (by grade 8 students) will be provided.

## **Baking Trays - We Need Them!:**


Our primary classes are all using baking trays and magnetic letters for their new reading programs. If you are able to donate a new baking tray, please send one in with your child and we will gratefully accept it.

**School Start-Up packages** - If you have not filled in your student start-up package, please do so as soon as possible by visiting: <https://startupforms.yrdsb.ca/>

### **Donations to Rouge Park**

This year many of our students have benefited from the generous donations of others in our community. We have had families donate to pizza day, the snack program, school clothing, our grad trip and more. Oftentimes these donations are life-changing for our students as they allow them to fully participate in everything we have to offer. Thank you to everyone who has so generously donated to our school. If you are able, we are currently asking for donations to support all of the above initiatives along with the purchase of picnic tables to be installed on our back tarmac. These picnic tables will be used for outdoor learning while also providing a space for students to sit and chat, play cards, or read during recess times. Donations can be made by clicking on the Donate button on School Cash Online or by sending a cheque made out to Rouge Park Public School.

### **Attachments for this week:**

 York Region Public Health Vision Screening Elementary Poster.pdf

## **Scroll Down for Volleyball Pictures**

# Volleyball Games!





Kids Kitchen is prepared and ready to assist with the safe and healthy implementation of your school's hot lunch program



SAFETY  
FIRST



NUT FREE  
ALLERGY  
AWARE



GRAB & GO



VEGETARIAN,  
GLUTEN FREE &  
ALLERGY OPTIONS

## SAMPLE MENU

### Entrees

Macaroni & Cheese  
Beef Soft Taco  
Bean Soft Taco  
Pancakes with Turkey  
Sausage  
Pasta with Meat  
Sauce **(GF)**  
Pasta with Tomato  
Sauce **(GF)**  
Tuna Salad Sandwich  
on a Kaiser  
Chicken Fingers with  
Rice **(GF)**  
Beef Burger **(H)**  
Chicken Burger **(H)**  
Veggie Burger

### Side Items

Chicken Fingers  
(2 pcs) **(GF)**  
Baked Potato with  
Sour Cream  
Garden Salad with  
Ranch Dressing  
Steamed Veggies  
Edamame (shelled)  
Cucumber Slices  
Veggies & Dip  
Perogies (4 pcs)  
Garlic Bread  
2% or Chocolate Milk  
Various Fruit Juices  
(100% juice)

### Snacks & Desserts

Fresh Apple  
Fresh Pear  
Fresh Orange Wedges  
Diced Fruit  
Yogurt Cup  
Chocolate Chip Cookie  
Kettle Popcorn  
Fresh Fruit of the Season  
Fudgy Brownie  
Banana or Carrot Muffin

**(GF)** Gluten-friendly also available

**(H)** Halal also available

Not all options are available in all locations. Please check online to see the options at your school.

## DELIVERING GOOD, REAL FOOD TO KIDS AT SCHOOL

Our commitment is to provide nutritious, delicious, "home-cooked" meals with simple ingredients that you'd find in your own kitchen.

## SPECIAL DIETARY NEEDS?

No problem! We're here for you. Speak with us on how we can accommodate your child.

## ORDER ONLINE

Visit [www.kidskitchen.ca](http://www.kidskitchen.ca) to see your school's menu, specials and for fast, secure, online ordering.



SEE YOUR SCHOOL'S  
MENU ONLINE

Need Help with your order?

905-944-0210 (M to F 8:30am-2pm) or email us:  
[information@kidskitchen.ca](mailto:information@kidskitchen.ca)





TRUSTED PROVIDER



SAFETY FIRST



GRAB & GO



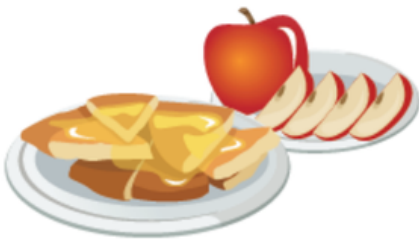
NUT FREE ALLERGY AWARE

# Little Lunches by the Lunch Lady

sized for smaller appetites

All Little Lunch combos come with fruit and yogurt.

Perfectly created for little hands!



**Pancakes**  
Little Lunch

Whole grain bite-sized pancakes & side syrup.



**Spaghetti & Meatballs**  
Little Lunch

Whole wheat pasta and beef meatballs in homemade sauce.



**Chicken Nuggets**  
Little Lunch

Lightly breaded, baked chicken breast nuggets.



**Grilled Cheese**  
Little Lunch

Real cheddar on whole wheat.



**Mac & Cheese**  
Little Lunch

Homemade sauce with real cheddar.



**Assorted Sides**  
Available!

Salads, snacks and treats to choose from.

**Ready to order?**

Visit our online ordering site: [order.thelunchlady.ca](http://order.thelunchlady.ca)



Register for an account



Select School / Camp Delivery



Add student(s) (customers) then select Order Now



Select order delivery date



Add items to cart (return to calendar for more dates)



Check out and complete your order



Relax and let us do the rest!